

SET THE STAGE HOMEWORK

Transformational Quiet Times: Lesson 3

Prepare your heart, mind, and surroundings

Prepare the Outside

I will have quiet time (fill in time and place) _____

Have

Supplies:

Notebook and pen
Scratch paper
Music
Bible

Need

Prepare the Inside

Braindump

List things to do

Focus on God through praise

List concerns and thoughts

**Thank God that He
speaks and thank
Him that you can
hear Him.**